The National Stock Exchange of India Limited
Exchange Plaza, Plot No. C/1, G Block,
Bandra Kurla Complex,
Bandra (East),
Mumbai – 400 051
NSE - SFL

Sub: SDD Compliance Certificate for the Quarter ended September 30, 2022.

Dear Sir/Madam,

Pursuant to Regulation 3(5) and 3(6) of the Securities and Exchange Board of India (Prohibition of insider Trading) Regulations, 2015, please find attached herewith the SDD Compliance Certificate for the Quarter ended September 30, 2022, as Annexure – 1.

Kindly take the information on record.

Thanking you.

Yours faithfully,

For **Sheela Foam Limited**

Md Iquebal Ahmad

Company Secretary and Compliance Officer

Encl: as above.

SHEELA FOAM LTD.
#14, Sleepwell Tower , Sector 135, Noida- 201301
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Regd. Office: 604 Ashadeep, 9 Hailey Road, New Delhi-110001, India • Ph: Int-91(0)-11-22026875-76
Toll Free: 1800 103 6664 • www.sleepwellproducts.com • www.sheelafoam.com
CIN-L74899DL1971PLC005679

Annexure – 1

COMPLIANCE CERTIFICATE FOR THE QUARTER ENDED SEPTEMBER 30, 2022

(Pursuant to Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations,2015)

I Md Iquebal Ahmad, Compliance Officer of the Sheela Foam Limited am aware of the compliance requirement of Structured Digital Database (SDD) pursuant to provisions of Regulation 3(5) and 3(6) of Securities and Exchange Board of India (Prohibition of Insider Trading) Regulations, 2015 (PIT Regulations) and I certify that :

1. the Company has a Structured Digital Database in place
2. control exists as to who can access the SDD
3. all the UPSI disseminated in the previous quarter have been captured in the Database
4. the system has captured nature of UPSI along with date and time
5. the database has been maintained internally and an audit trail is maintained
6. the database is non-tamperable and has the capability to maintain the records for 8 years.
(Relevant points from 1 to 6 can be striked off in the case of non-compliance)

I also confirm that the Company was required to capture One number of event during the quarter ended and has captured One number of the said required event.

I would like to report that the following noncompliance(s) was observed in the previous quarter and the remedial action(s) taken along with timelines in this regard: NIL